

Countdown (10 minutes)

Ask the participants to spread out around the room, facing various directions. Instruct them all to close their eyes and keep them shut. The group goal is to count out loud to 20, one person at a time, without anyone reciting two numbers in a row or counting at the same time as another player. If either of these things happens, the group must start over. No talking (except for the counting!), no planning time, and no peeking.

1. Keeping an eye on the time, use the following questions to debrief with the team:
2. Did this activity frustrate you? Why or why not?
3. What could you have done differently that would have made this activity easier?
4. How does this activity relate to your team and the tasks you are faced with here in Team Meetings?